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EMERGENCY RESPONSE PLAN FOR COMMUNITY CONNECTORS

If you are with a focus person in an emergency such as a natural disaster, take the following steps:

1. Go to the place designated on the focus person's Basic Information Sheet. This will be the meeting point for family and friends to find the focus person.
2. Attempt to contact the Community Living Campaign (Contact Person: Marie Jobling via her cell phone (415) [REDACTED] or her home phone (415) [REDACTED]) once you are in a safe area. Inform her of your focus person's condition and location if it has changed.
3. Attempt to contact the Primary and Secondary Emergency Contacts found on the Key Information Sheet.

If possible, gather the following information in advance:

- Names of Emergency Contact People
- Basic Contact Information
- Desired action in case of medical emergency (physician name, desired hospital)
- Known health issues (medical conditions and allergies)
- A list of medications and when they need to be taken

At the time of a major emergency, you may or may not be with one or more of your focus people. For this reason, discuss in advance with your focus person(s) their preferences in an emergency.

HOW TO MAKE AN EMERGENCY PLAN

After a major disaster, it is unlikely that emergency response services will be able to immediately respond to everyone's needs, so it's important to be prepared to take care of yourself and your family. Plan to be on your own for at least the first 72 hours.

The following steps will help you prepare for any emergency:

Designate an out-of-area contact person. Try to select someone that is far enough away to not be affected by the same emergency. Provide this person with the names and contact information of the people you want to keep informed of your situation. Instruct family members to call this person and tell them where they are. Long distance phone service is often restored sooner than local service.

Duplicate important documents and keep copies off-site, either in a safety deposit box or with someone you trust. Documents may include: passport, drivers license, social security card, wills, deeds, financial statements, insurance information, marriage license and prescriptions.

Inventory valuables, in writing and with photographs or video. Keep copies of this information off-site with your other important documents.

Make a household/family plan. Involve all key people in planning.

Put together a disaster supply kit. Plan to have supplies for yourself and your family for at least 3 days following a disaster.

See below for websites and resources to help you do this.

SPECIAL CONSIDERATIONS FOR SENIORS & DISABLED PERSONS

Set up a Personal Support Network: Designate someone to check on you in an emergency and to help with evacuation or sheltering-in-place.

Prepare and carry with you an emergency health information card: This will help you provide information if you are found unconscious or incoherent. Include information about your medications, adaptive equipment, blood type, allergies and sensitivities, insurance numbers, immunization dates, communication difficulties and preferred treatment, as well as contact information for your health providers, personal support network and emergency contacts.

Personal care assistance: If you receive assistance from a home healthcare agency or in-home support provider, find out how the provider will respond in an emergency. Designate backup or alternative providers that you can contact in an emergency.

For persons using a wheelchair: Plan for how you will evacuate in an emergency and discuss it with your care providers. If you use a motorized wheelchair, have a manual wheelchair as a backup.

For persons who are blind or visually impaired: Keep an extra cane by your bed. Attach a whistle; in case you need to attract attention. Exercise caution when moving, paths may have become obstructed.

For persons who are hearing impaired: Keep extra batteries for your hearing aids with emergency supplies. Consider storing your hearing aids in a container attached to your nightstand or bedpost, so you can locate them quickly after a disaster.

For persons with communication disabilities: Store paper, writing materials, copies of a word or letter board and preprinted key phrases in your emergency kit, your wallet or purse.

Important Phone Numbers and Web Sites:

Older Adults/Disability Information Line: 415-626-1033

Community Living Campaign: 415-821-1003

www.72hours.org

www.preparenow.org

FEMA: www.fema.gov